



Form: Course Syllabus	Form Number	EXC-01-02-02A
	Issue Number and Date	2963/2022/24/3/2 5/12/2022
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	Deans Council Approval Decision Number	50/2023
	The Date of the Deans Council Approval Decision	26/12/2023
	Number of Pages	16

1	Course title	Psychiatric Mental Health Nursing (Clinical)	
2	Course number	5701405	
3	Credit hours	3hours	
	Contact hours (theory, practical)	Practical 12 hours /weekly	
4	Prerequisites/corequisites	5701206	
5	Program title	B.Sc. in Nursing	
6	Program code	-	
7	Awarding institution	The University of Jordan – Aqaba campus	
8	School	School of Nursing	
9	Department	Nursing Department	
10	Course level	Third year BSc	
11	Year of study and semester (s)	2024/2025 First semester	



12	Other department (s) involved in teaching the course	-
13	Main teaching language	English
14	Delivery method	<input checked="" type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online
15	Online platforms(s)	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....
16	Issuing/Revision Date	10/10/2022

17. Course Coordinator:

Name: Dr. Mohammad Aref Abu Sabra

Contact hours: 2-4 Sunday

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18. Other Instructors:

None

19. Course Description:

The course will provide supervised clinical training in a general hospital and a psychiatric unit. The focus of the training in both settings will be on; integrating the theoretical knowledge and evidenced based interventions from the mental health nursing theory course and computer based research findings; Utilize the steps of the nursing process within the therapeutic nurse-client relationship with the emphasis on the humanistic approach; the therapeutic use of self; and developing an open communication with health care providers' team to facilitate the client's healing process in a structured environment. Learning is enhanced through the direct interaction with clients experiencing physical illnesses, in crisis and psychiatric disorders. Students will participate in the activities of the unit giving individual care, group activities in collaboration with health care team members in the unit

20. Program Intended Learning Outcomes: (To be used in designing the matrix linking the intended learning outcomes of the course with the intended learning outcomes of the program)

1. Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.
2. Apply principles of effective communication with peers, individuals, families, groups, and health care team.
3. Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.
4. Apply professional standards, values, and behaviors in providing nursing care for individuals, families, and groups.
5. Demonstrate safety measures to protect self, individuals, families, and groups.
6. Translate organizational, leadership, inter professional collaboration, and management concepts into nursing care for individuals, families, and groups.
7. Utilize evidence based practice in providing care for individuals, families, and groups.



21. Course Intended Learning Outcomes: (Upon completion of the course, the student will be able to achieve the following intended learning outcomes)

1. Describe roles and responsibilities of psychiatric and mental health nurse
2. Differentiate between the roles of psychiatric nurses and other mental health team members
3. Demonstrate quality of psychiatric nursing care
4. Identify quality indicators for professional psychiatric care
5. Identify appropriate therapeutic verbal and nonverbal communication skills with clients and health care team members in psychiatric nursing practice
6. Use therapeutic models to enhance quality of care provided to patients and their families
7. Apply principles of effective communication with multidisciplinary team
8. Analyze the cognitive, behavioral and affective changes associated with different psychiatric disorders
9. Illustrate assessment abilities for clients with different psychiatric disorder
10. Apply principles of critical thinking to develop nursing diagnoses.
11. Choose appropriate interventions for clients with a variety of psychiatric or mental disorders based on developmental stage of the client.
12. Recognize ethical and legal issues related to mental health field
13. Identify appropriate strategies for actively creating constructive psychiatric nursing care and intervention necessary to achieve nursing goals of care.
14. Develop political and personal power-building techniques that can be used in the change agent, advocate, and leader–manager roles
15. Describe major components of an effective and efficient psychiatric nursing care
16. Discuss strategies and tools that psychiatric nurse can use to assure client safety and to promote quality psychiatric nursing care within organizations.
17. Demonstrate ability to understand concepts and principles regarding psychiatric nursing care
18. Analyze selected psychiatric theories pertinent to the delivery of quality healthcare in various settings.
19. Apply systematic problem-solving and decision-making models/tools to maximize the quality of personal decision making
20. Analyze evidence-based data to enhance undersigning of mental health needs of individuals and their families
21. Apply principles of individuals and groups therapy
22. Understand the role of families as caregivers of individuals with mental illnesses.



Course ILOs	The learning levels to be achieved					
	Remembering	Understanding	Applying	Analysing	evaluating	Creating
1.	X					
2.		X				
3.			X			
4.	X					
5.	X					
6.			X			
7.			X			
8.				X		
9.			X			
10.			X			
11.		X				
12.	X					
13.	X					
14.				X		
15.	X					



16.		X				
17.		X				
18.						
19.					X	
20.						X
21.						X
22.				X		

22. The matrix linking the intended learning outcomes of the course with the intended learning outcomes of the program:

Program ILOs Course ILOs	PILO (1)	PILO (2)	PILO (3)	PILO (4)	PILO (5)	PILO (6)	PILO (7)
1	CILO (1)	CILO (5)	CILO (8)	CILO (12)	CILO (15)	CILO (17)	CILO (20)
2	CILO (2)	CILO (6)	CILO (9)	CILO (13)	CILO (16)	CILO (18)	CILO (21)
3	CILO (3)	CILO (7)	CILO (10)	CILO (14)		CILO (19)	CILO (22)



4	CILO (4)		CILO (11)				
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23. Topic Outline and Schedule:

Week	Topic	ILO/s Linked to the Topic	Learning Types (Face to Face/ Blended/ Fully Online)	Platform Used	Synchronous / Asynchronous Lecturing	Evaluation Methods	Learning Resources
1	Full mental status examination (MSE) (p827)	CILO3 + CILO 5 - 10	Face to face	1. Simulation labs 2. Clinical training	Synchronous		
2	MMSE + assessment simulation						



3	Overview of mental disorder (schizophrenia + psychotic disorder) chapter 15(p335-377)	CILO 16 + CILO + CILO 4 + CILO 5 +CILO 13 + CILO18		3. Microsoft team's groups		Mental illnesses orientation Quiz	
4	overview of mental disorder (MDD) chapter 16 (p378-424)						
5	overview of mental disorder (Bipolar) chapter 17 (p428-459)						
6	The suicidal client (p378-424)	CILO 10 + CILO 12 +CILO 13 +CILO16				General evaluation Weekly nursing intervention	
7	Application of nursing process for psychotic disorder (psychological + social) Nursing implication of psychopharmacology	CILO 6 + CILO7 + CILO 8+ CILO 10 + CILO 14+ CILO 17 + CILO19 + CILO 20	Online		Asynchronous	Psychosocial Assessment (15 marks)	
8	Antipsychotic medication Antidepressant+ mood stabilizers+ anxiolytic		Face to face	Synchronous			
9	Application of nursing process for MDD disorder (psychological + social)		Face to face	Asynchronous	Synchronous		

Townsend
Mary C.,
Morgan, K.I.
(2017).



10	Anger management (de-escalation)	CILO 10 + CILO 12 + CILO 13 + CILO 16				Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia
11	Application of nursing process for Bipolar disorder (psychological + social)	CILO 6 + CILO 7 + CILO 8 + CILO 10 = CILO 14 + CILO 17 + CILO 19 + CILO 20				
12	Anxiety, Stress and coping assessment chapter (stress management) 42(p972-986)	CILO 1 - 10			Project (10 marks) General evaluation (10 marks)	Berman, A., Snyder, S. J., Kozier, B., Erb, G. L., Levett-Jones, T., Dwyer, T., ... & Stanley, D. (2014). Kozier &
13	Loss and grief chapter 43 (p989-1002)					



1 4	-Basic Awareness Self. (As therapeutic tool for nurse-client relationship) -Nurse as therapeutic agent Values as determinants of behavior						<i>Erb's fundamentals of Nursing Australian edition (Vol. 3). Pearson Higher Education AU.</i>
1 5	Final exam	All CILOs					

24. Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	ILO/s Linked to the Evaluation activity	Period (Week)	Platform
Short quiz	10	Overview of mental disorder (schizophrenia + psychotic disorder + MDD + bipolar) + psychopharmacology	CILO 16 + CILO + CILO 4 + CILO 5 + CILO 13 + CILO18	4 th week	Face to face
General evaluation Mental health	5	Topics from week 12 to 14	CILO 1 -10	over mental health rotation	



Mental health (MH) Project	10	Topics from week 12 to 14	CILO 10 + CILO 12 +CILO 13 +CILO16	Third week of mental health rotation
Mental health (MH) Peer review	5	Topics from week 12 to 14		Third week of mental health rotation
Psychosocial assessment (MI)	15	Topics from week 1 to 11	All CILOs	From third to sixth week of mental illness rotation
General evaluation Mental illness	8	Topics from week 1 to 11		Over mental illness rotation
Daily intervention mental illness	17	Topics from week 1 to 11		Over mental illness rotation
Final written Exam	30	All topics		Week 16

25. Course Requirements:

students should have a computer, internet connection, webcam, account on a Microsoft teams

26. Course Policies:



A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures:

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

D- Honesty policy regarding cheating, plagiarism, misbehaviour:

Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:



- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.

Using any media (including mobiles) during the exam

- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):**<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>

E- Examination Instructions for Students

- Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time

F- Grading policy:

A grade of (D) is the minimum passing grade for the course.

F- Available university services that support achievement in the course:



Microsoft teams / eLearning

27. References:

A- Required book (s), assigned reading and audio-visuals:

Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia

B- Recommended books, materials, and media:

Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York

C- Recommended books, materials, and media:



- National Institute of Mental Health. <https://www.nimh.nih.gov/index.shtml>
- National Alliance on Mental Illness (NAMI) Stigma-free Pledge <https://www.nami.org/stigmafree>
- Mini Mental Health Status Exam <https://www.youtube.com/watch?v=y39BDAljIbg>
- American Academy of Child and Adolescent Psychiatry
https://www.aacap.org/AACAP/copy_of_home.aspx?hkey=f100857b-fb1c-42fa-8aad5b7b15027acd&WebsiteKey=a2785385-0ccf-4047-b76a-64b4094ae07f
- Substance Abuse and Mental Health Services Administration (SAMSHA) <https://www.samhsa.gov/>
- American Psychological Association. (2009). Publication manual of the American Psychological Association(6th Ed.). Washington, DC: Author.York: Guilford Press.
- The Queensland Health “ Make up your own mind about drinking” campaign at
http://www.health.qld.gov.au/atod/prevention/young_women.asp
- The North American, ‘What a difference a friend makes’ campaign at www.whatadifference.samhsa.gov/
- The British Royal College of Psychiatrists, ‘Fair Deal” at <http://www.rcpsych.ac.uk/campaigns/fairdeal.aspx>
- SANE Australia: <http://www.sane.org/>

28. Additional information:



Name of the Instructor or the Course Coordinator:

Mohammad Abu Sabra

Name of the Head of Quality Assurance Committee/ Department

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Name of the Head of Department

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Name of the Head of Quality Assurance Committee/ School or Center

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Name of the Dean or the Director

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Signature:

Mohammad Abu sabra

Signature:

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Signature:

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Signature:

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Signature:

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Date:

.....**20/10/2024**.....

Date:

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Date:

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Date:

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Date:

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